

DRURIDGE BAY MARATHON

Sunday MAY 20th 2012. 9.30am



Under ARC Rules

Permit No.

This is the 1st event in the North East Marathon Club's "TOUR OF NORTHUMBRIA 2012". 4 separate marathons in 4 different scenic locations throughout the North East. There will be a special award for anyone who completes all 4 events.

Visit our website www.northeastmarathonclub.co.uk for full details of the Tour as well as more detailed information on each of the events involved.

Druridge Bay Country Park comprises several miles of beach and sand dunes on the beautiful Northumberland Coast, plus 2 large freshwater lakes surrounded by woods and meadows. It is situated on the A1068, 3 miles south of Amble and approx. 20 miles north of Newcastle. There is plentiful B & B accommodation nearby. See www.visitnorthumberland.com/do/druridge-bay-country-park ("Attractions" section) for links to travel and accommodation.

Venue: Visitor Centre, Druridge Bay Country Park, Nr Hadston, Morpeth, Northumberland

Start/Finish: Close to Visitor Centre

Facilities: Toilets, baggage storage & cafe in Centre, (no liability accepted for loss) Pay car parks on site.

Course: A multi terrain Garmin measured 26.2 miles consisting of 3 laps on good footpaths around the Lakes, plus sections of beach & unclassified road within the Park. (Exact beach section dependent on tide on the day.)

First Aid: Provided by St John Ambulance

Drinks: Water & orange

Entry Limit: 100, No entries on the day

Minimum Age: 18 years

Time Limit: 6 hours.

Registration: In Centre from 8.30 am. Presentation in Visitor Centre from 2.30pm

Awards: Memento to all finishers. Trophies for 1st M & F plus 1st M & F Vet in each 5 year age group.

Entry fee: £12 ARC and UKA affiliated, £14 unattached

Please enter online at www.madeyarun.com This is our preferred method of entry, use form below only if unable to enter online, making cheques payable to "North East Marathon Club" Sorry, No refunds, No deferments, No EOD. Closing date 6th May 2012

.....PLEASE PRINT CLEARLY.....

FIRST NAME _____ SURNAME _____ SEX: M/F: _____

AGE ON RACE DAY: _____ DOB: _____ AFFILIATED: Yes/No NAME OF CLUB: _____

ADDRESS: _____ POST CODE _____

EMERGENCY TEL. NO. _____ EMAIL: _____

Any medical condition that could affect you on race day? _____

Disclaimer: I accept all conditions of entry to the Druridge Bay Marathon and understand that the organisers will not be responsible for any loss, injury, accident or damage to myself or to anyone with whom I am involved in consequence of my participation in this event. I will ensure that I am in good health on the day of the race, compete at my own risk and retire from the event if unwell.

Signature: _____ Date: _____

Send to Jim Manford, 20 West Close, Warkworth, Morpeth, Northumberland, NE65 0JZ

