

**THE UK & IRELAND COUNTIES**  
**MARATHON CHALLENGE**

Name : \_\_\_\_\_

Date: \_\_\_\_\_ Tot: \_\_\_\_\_

		Road Marathon	Year	Off-road Marathon	Year	Ultra	Year	Total
<b>ENGLAND</b>								
1	Bedfordshire							
2	Berkshire							
3	Bristol							
4	Buckinghamshire							
5	Cambridgeshire							
6	Cheshire							
7	Cornwall							
8	Cumbria							
9	Derbyshire							
10	Devon							
11	Dorset							
12	Durham							
13	East Sussex							
14	East Yorkshire							
15	Essex							
16	Gloucestershire							
17	Greater London							
18	Greater Manchester							
19	Hampshire							
20	Hereford and Worcester							
21	Hertfordshire							
22	Isle of Wight							
23	Kent							
24	Lancashire							
25	Leicestershire							
26	Lincolnshire							
27	Merseyside							
28	Norfolk							
29	Northamptonshire							
30	Northumberland							
31	North Yorkshire							
32	Nottinghamshire							
33	Oxfordshire							

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		Road Marathon	Year	Off-road Marathon	Year	Ultra	Year	Total
34	Rutland							
35	Shropshire							
36	Somerset							
37	South Yorkshire							
38	Staffordshire							
39	Suffolk							
40	Surrey							
41	Tyne and Wear							
42	Warwickshire							
43	West Midlands							
44	West Sussex							
45	West Yorkshire							
46	Wiltshire							
47	Isle of Man							
48	Isles of Scilly							
49	Jersey							
50	Guernsey							
<b>N. IRELAND</b>								
51	Antrim							
52	Armagh							
53	Down							
54	Fermanagh							
55	Londonderry							
56	Tyrone							
<b>SCOTLAND</b>								
57	Borders							
58	Central							
59	Dumfries and Galloway							
60	Fife							
61	Grampian							
62	Highland							
63	Lothian							
64	Strathclyde							
65	Tayside							

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66	Orkney							
67	Shetland							
68	Western Isles							
<b>WALES</b>								
69	Carmarthenshire							
70	Ceredigion							
71	Conwy							
72	Denbighshire							
73	Flintshire							
74	Gwent							
75	Gwynned							
76	Isle of Anglesey							
77	Mid Glamorgan							
78	Pembrokeshire							
79	Powys							
80	South Glamorgan							
81	West Glamorgan							
82	Wrexham							
<b>IRELAND</b>								
83	Carlow							
84	Cavan							
85	Clare							
86	Cork							
87	Donegal							
88	Dublin							
89	Galway							
90	Kerry							
91	Kildare							
92	Kilkenny							
93	Laois							
94	Leitrim							
95	Limerick							
96	Longford							
97	Louth							

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		Road Marathon	Year	Off-road Marathon	Year	Ultra	Year	Total
98	Mayo							
99	Meath							
100	Monaghan							
101	Offaly							
102	Roscommon							
103	Sligo							
104	Tipperary							
105	Waterford							
106	Westmeath							
107	Wexford							
108	Wicklow							