

Results**West of Ireland Marathon Series - 2010**

Salthill			Galway		
Name	28Dec10	Pos	Name	04Dec10	Pos
Zbigniew Bressa	03:39	1	Lyall Guiney	03:21	1
Valerie Glavin	03:40	2	Dipak Vala	03:36	2
Ruthann Sheahan	03:40	3	Dennis McMonagle	03:51	3
John Chapman	03:42	4	Gerry McGrath	04:04	4
Dipak Vala	03:43	5	Ray O'Connor	04:07	5
Ray O'Connor	03:51	6	Ruthann Sheehan	04:15	6
Conor Flanagan	03:53	7	Pat O'Keeffe	04:23	7
Dave Brady	03:58	8	Jimmy Nugent	04:29	8
Michael Haydon	03:58	9	Maurice Olwill	04:32	9
Dennis McMonagle	04:05	10			
Pat O'Keeffe	04:16	11			
George Livanos	04:18	12			
Larry Rigney	04:28	13			
Jimmy Nugent	04:40	14			

Galway			Connemara		
Name	20Nov10	Pos	Name	16Oct10	Pos
Aaron Turner	03:24	1	Aaron Turner	03:22	1
Fergus	03:24	2	John Chapman	03:36	2
Dipak Vala	03:26	3	Ruthann Sheehan	03:41	3
Gerry McGrath	03:33	4	Gerry McGrath	03:46	4
Dave Brady	03:37	5	Dave Brady	03:48	5
Ray O'Connor	03:38	6	Dipak Vala	03:52	6
Zbigniew Bressa	03:39	7	Dennis McMonagle	03:54	7
Dennis McMonagle	03:44	8	Gerard O'Brien	04:04	8
Valerie Glavin	03:45	9	Larry Rigney	04:08	9
Gerard O'Brien	03:59	10	Patrick Walsh	04:11	10
Maurice Olwill	03:59	11	Jimmy Nugent	04:16	11
Jimmy Nugent	04:02	12	George Livanos	04:16	12
Pat O'Keeffe	04:04	13	Maurice Olwill	04:17	13
Joan McGuinness	04:40	14	Pat O'Keeffe	04:29	14
			Joan McGuinness	05:10	15
			Tom Stafford	05:20	16

Salthill			Connemara		
Name	02Oct10	Pos	Name	11Sep10	Pos
John Chapman	03:26	1	Johnny Donnelly	03:29	1
Conor Flanagan	03:34	2	Dipak Vala	03:36	2
Valerie Glavin	03:35	3	Gerry McGrath	03:36	3
Ray O'Connor	03:42	4	John Chapman	03:37	4
Gerry McGrath	03:43	5	Dave Brady	03:47	5
Denis McMonagle	03:47	6	Ruthann Sheahan	03:49	6
Dave Brady	03:49	7	Zbigniew Bressa	03:59	7
George Livanos	04:01	8	Ray O'Connor	04:01	8
Gerard O'Brien	04:04	9	Larry Rigney	04:08	9
Jimmy Nugent	04:04	10	George Livanos	04:09	10
John O'Loughlin	04:07	11	Gerard O'Brien	04:18	11
Larry Rigney	04:15	12	Maurice Olwill	04:26	12
Maurice Olwill	04:19	13			
Michael Haydon	04:29	14			
Colin Breheny	04:45	15			

Results**West of Ireland Marathon Series - 2010**

Name	Time	Pos
Joan McGuinness	04:50	16
Pat O'Keeffe	04:53	17

Galway			28Aug10		
Name	Time	Pos			
John Desmond	03:35	1			
John McCormak	03:36	2			
Zbigniew Bressa	03:50	3			
Dave Brady	03:55	4			
Conor Flanagan	03:55	5			
Patrick Walsh	04:01	6			
Enda O'Carolan	04:27	7			
Dennis McMonagle	04:27	8			
Jimmy Nugent	04:28	9			
Dipak Vala	04:29	10			
Patrick Quinn	05:02	11			
Joan McGuinness	05:04	12			

Galway			26Jun10		
Name	Time	Pos			
Aaron Turner	03:21	1			
Ray O'Connor	03:47	2			
John McCormak	03:54	3			
John Chapman	03:57	4			
Dipak Vala	04:05	5			
Ruthann Sheahan	04:11	6			
Dennis McMonagle	04:15	7			
Jimmy Nugent	04:26	8			
Dave Brady	04:47	9			
Joan McGuinness	05:21	10			

Name	Time	Pos			
Connemara					
			10Jul10		
Name	Time	Pos			
Garvin Doherty	03:36	1			
Conor Flanagan	03:37	2			
Johnny Donnelly	03:41	3			
Ray O'Connor	03:41	4			
Ruthann Sheahan	03:42	5			
Dennis McMonagle	03:44	6			
Zbigniew Bressa	03:46	7			
John McCormak	03:48	8			
Dipak Vala	03:48	9			
Dave Brady	03:52	10			
Jimmy Nugent	04:30	11			
Larry Rigney	04:30	12			
Pat O'Keeffe	04:44	13			
Joan McGuinness	04:59	14			

Galway			19Jun10		
Name	Time	Pos			
John Chapman	03:28	1			
Conor Flanagan	03:39	2			
Dennis McMonagle	03:46	3			
Dave Brady	03:59	4			
Dipak Vala	04:09	5			
Johnny Donnelly	04:19	6			
Ruthann Sheehan	04:19	7			
Ray O'Connor	04:19	8			
Larry Rigney	04:28	9			
Pat O'Keeffe	05:10	10			
Don Mackinnion	05:45	11			